

<p><u>Scrutiny Review Scoping Template/ Review Topic</u></p>		<p>Tackling Obesity Task Group</p>
<p><u>Councillor Involvement</u> (names of Cllrs involved)</p>		<p>Councillor Martin Gawith, if an informal Task Group other Members to be agreed by Groups on an interest basis/if formal to agree membership based on PR.</p>
<p><u>Officer Support</u> (names of Officers required)</p>		<p>Will Griffith, Chief Officer – Environment and Place Public Realm. Jill Brayshaw, Weight Management Programme Co-Ordinator. Support provided by Democratic Support. Representatives from other organisations.</p>
<p><u>Rationale</u> (key issues and/or reason for doing the Review)</p>		<p>The Government’s website informs that obesity is a global and complex public health concern. It is associated with reduced life expectancy and is a risk factor for a range of chronic diseases, including cardiovascular disease, type 2 diabetes, cancer, liver, and respiratory disease, and can also impact on mental health.</p> <p>Regular physical activity is associated with a reduced risk of diabetes, obesity, osteoporosis, colon and breast cancer, and improved mental health. In older adults, physical activity is associated with increased functional capacities. Inactivity is doing less than 30 moderate intensity equivalent (MIE) minutes per week. Being physically active is doing at least 150 MIE minutes physical activity per week.</p> <p>In view of the above information regarding health issues there is a need to consider how the</p>

		City Council can help with tackling obesity in the district.
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<p><u>Purpose of Review/Objective</u> (specify exactly what the Review should achieve)</p>		<p>An opportunity to consider what is currently provided by the City Council and other organisations and identify any areas and gaps in service provision and any additions that can be made to existing provision. To assist in contributing to the development of the Active Well-Being Strategy.</p>
<p><u>Indicators of Success</u> (what factors would indicate that a Review has been successful)</p>		<p>To assist in helping tackle obesity within the district.</p>
<p><u>Methodology/Approach</u> (what types of enquiry will be used to gather evidence and why)</p>		<p>Interviewing key witnesses. Evidence and information provided by various organisations involved. Considering documentation on this subject available on websites. Mapping of what is currently provided by organisations. Consider any gaps between what organisations are providing. To provide a holistic approach. Consider and make recommendations on any suggestions made as part of the TG's considerations. Make recommendations on findings. To assist and provide input to the Council's Active Well-being Strategy, scheduled to be produced in 12 months' time.</p>
<p><u>Specify Witnesses/Experts</u> (who to see and when)</p>		<p>Director of Public Health - Lancashire County Council. Representatives of GP practices. Representatives of NHS, Lancashire and South Cumbria ICB. University Hospitals of Morecambe Bay NHS</p>

		<p>Foundation Trust. Lancaster CC - Cabinet Member with responsibility. Lancaster CC Councillors Lancaster CC – SALC, Planning (for issues regarding siting and advertising of takeaways).</p> <p>SALC GP referrals and intervention programmes.</p> <p>Recipe4Health working with other organisations such as Lancashire County Council.</p>
<p><u>Specify Evidence Sources for Documents</u> (which to look at)</p>		<p>Government website:</p> <p>Obesity Profile: short statistical commentary May 2024</p> <p>Obesity Profile</p> <p>Sport England's Active Lives Audit Survey (ALAS)</p> <p>Health Survey for England</p> <p>National Diet and Nutrition Survey</p> <p>Lancashire County Council:</p> <p>Package of measures aim to help tackle obesity in Lancashire</p> <p>NHS UHMBT</p> <p>NHS University Hospitals of Morecambe Bay NHS Foundation Trust</p> <p>Lancashire and South Cumbria Integrated Care Board</p> <p>Lancashire and South Cumbria ICB</p> <p>Lancashire and South Cumbria ICB - search</p>

<u>Specify Site Visits</u> (where and when)			None specifically identified at this stage.	
<u>Specify Evidence Sources for Views of Stakeholders</u> (consultation/workshops/focus groups/public meetings)			Meetings with stakeholders will be arranged via Microsoft Teams or in suitable and convenient locations.	
<u>Publicity Requirements</u> (what is needed – press release, fliers, leaflets, radio broadcasts, etc.)			Initial publicity to allow members of the public to submit their comments and experiences. Use of the Council's scrutiny mailbox. Press release(s) pre and post for recommendations.	
<u>Resource Requirements</u> (people, expenditure)			Officer time and resources.	
<u>Barriers/dangers/risks/etc</u> (identify any weaknesses and potential pitfalls)			Size of the project.	
Projected start date	January 2025.		Draft Report Deadline	
Meeting Frequency	TBD		Projected completion date	

Formally Constituted

Informal Task Group

The above to be determined by Overview and Scrutiny Committee.

Membership

Cllr TBD	Chair

Name of Task Group

Tackling Obesity Task Group

Terms of Reference

- (1) To make recommendations to assist in helping tackle obesity within the district.
- (2) To assist in contributing to the development of the Active Well-Being Strategy.